

MONTHLY NEWSLETTER

SEPTEMBER 2024 | Vol. XXXIII



VISION

"A literate, healthy and self-reliant Community"

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people's skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

"NIPUN" - a Hindi word, meaning 'one who is skilled' - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS

HIV/VDRL Testing Camp and Awareness Event in Batala, Gurdaspur

NIPUN is implementing a Targeted Intervention project in Batala, Gurdaspur, Punjab, where we provide services to hundreds of High-Risk Group (HRG) individuals who are registered with us. With the support of the Punjab State AIDS Control Society and NACO, NIPUN offers various services related to health, HIV/AIDS, and overall well-being, aiming to empower HRGs in Batala, Gurdaspur.

On 30th August 2024, an awareness and HIV/VDRL testing camp was organized at the targeted location in Batala, Gurdaspur, Punjab.

A street play was also performed to spread awareness about HIV/AIDS. The event was organized by the Punjab State AIDS Control Society and NACO.



Empowering Transgender Community Through Self Help Groups

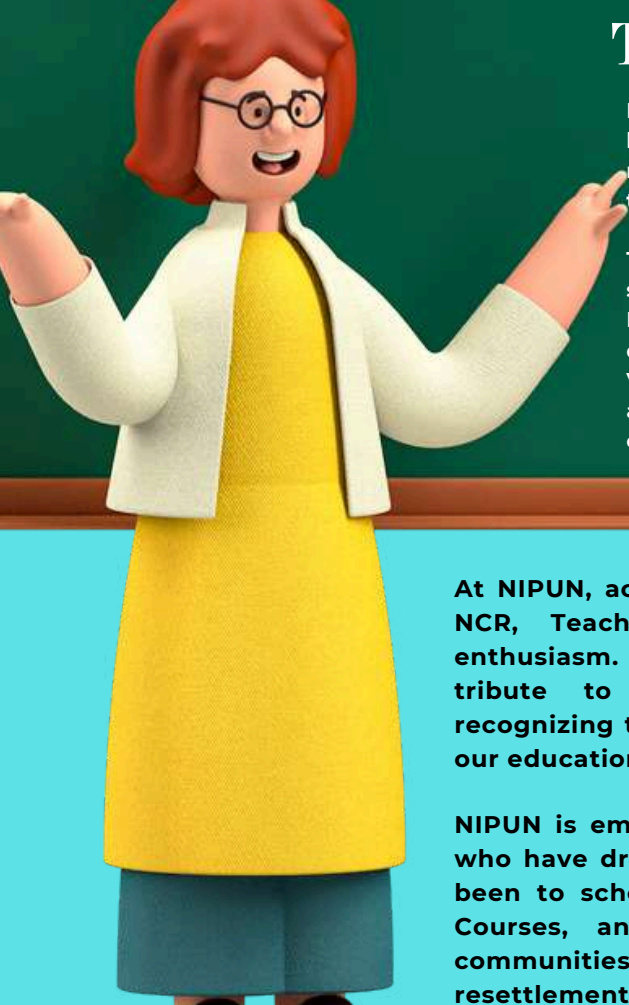
NIPUN organized a meeting for the Self-Help Group (SHG) "Pahal," formed by members of the Transgender Community in Kapashera. This initiative supports NIPUN's mission to empower marginalized communities through economic and social support.

In collaboration with the Delhi State AIDS Control Society and NACO, NIPUN is implementing a Targeted Intervention project for the Transgender community in Kapashera and surrounding areas in South West Delhi. The project addresses key challenges such as healthcare access, social stigma, and economic vulnerability.

During the meeting, the importance of savings and the SHG concept was discussed. SHGs are vital for financial stability and self-reliance, especially for marginalized communities. "Pahal" marks a significant step towards the financial independence and empowerment of the Transgender Community in Kapashera. NIPUN remains dedicated to supporting "Pahal" and similar initiatives that promote the development and empowerment of vulnerable groups.



TEACHERS' DAY



Every year, Teacher's Day is celebrated on 5th September in India to honour the invaluable contributions of teachers. This day is dedicated to recognizing and appreciating the hard work, dedication, and influence of teachers in shaping the minds and futures of young individuals.

The celebration of Teachers' Day on 5th September holds special significance as it marks the birth anniversary of Dr. Sarvepalli Radhakrishnan, born on this day in 1888. Dr. Radhakrishnan was a distinguished scholar, philosopher, and statesman who served as the first Vice President and the second President of India. Beyond his political achievements, he was a revered teacher whose contributions to education have left a lasting impact.

At NIPUN, across our project locations in Delhi NCR, Teacher's Day was celebrated with enthusiasm. The children and teachers paid tribute to their invaluable contributions, recognizing the significant role teachers play in our education and personal development.

NIPUN is empowering underprivileged children who have dropped out of school or have never been to school by running Pre-School, Bridge Courses, and Remedial Education in slum communities, construction sites, and resettlement colonies.



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HIGHLIGHTS

NIPUN: Empowering the Needy through Literacy

International Literacy Day is celebrated annually on September 8th around the world to raise awareness about the importance of literacy as a fundamental human right and a matter of dignity. The day aims to promote literacy and contribute to building a more literate and sustainable society. At NIPUN, as we come together to celebrate the power of literacy, let us remember that every word learned is a step toward personal and collective freedom.

Literacy unlocks potential, fuels innovation, and paves the way for a more inclusive, peaceful, and prosperous world. The NIPUN team has provided the gift of education to vulnerable communities across Delhi NCR, ensuring that no one is left behind on the journey toward knowledge and empowerment.

NIPUN empowers underprivileged children, including school dropouts and those who have never attended school, through Pre-School programs, Bridge Courses, and Remedial Education in slum communities, construction sites, and resettlement colonies. In addition, hundreds of women, many of whom are first-generation learners, have been empowered through literacy initiatives. On behalf of all the children, youth, and women we serve, we wish you a very Happy International Literacy Day!



HIGHLIGHTS

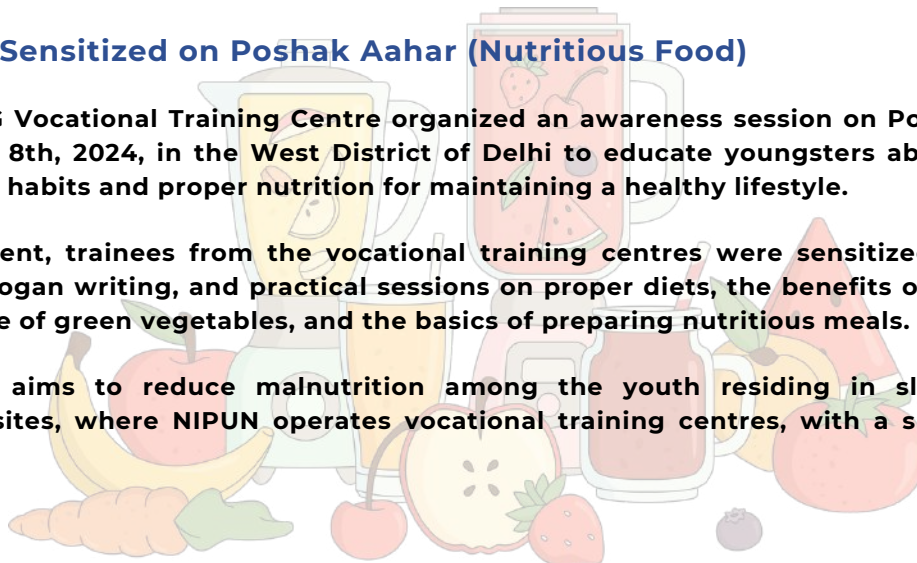


Youngsters Sensitized on Poshak Aahar (Nutritious Food)

NIPUN-UMANG Vocational Training Centre organized an awareness session on Poshak Aahar (Nutrition) on September 8th, 2024, in the West District of Delhi to educate youngsters about the importance of healthy eating habits and proper nutrition for maintaining a healthy lifestyle.

During the event, trainees from the vocational training centres were sensitized through exhibitions, discussions, slogan writing, and practical sessions on proper diets, the benefits of eating healthy foods, the importance of green vegetables, and the basics of preparing nutritious meals.

The initiative aims to reduce malnutrition among the youth residing in slum communities and resettlement sites, where NIPUN operates vocational training centres, with a special focus on young girls.



HIGHLIGHTS

Career Counselling and Skill Training



Sarvodaya Kanya Vidyalaya, Peeragadi, West Delhi invited NIPUN-UMANG Vocational Training Centre to conduct a career counseling and skill training program for their Senior Secondary graduates, aimed at enhancing livelihood opportunities.

On behalf of NIPUN-UMANG Vocational Training Centre, Ms. Jyoti, Assistant Project Coordinator, gave a presentation on various training courses, employment engagement programs, exposure visits, and job placement opportunities. Overall, the discussion with the students and the Sarvodaya Kanya Vidyalaya team was very productive.

हिंदी दिवस



आप सभी को निपुण स्वयंसेवी संस्था की तरफ से हिंदी दिवस की हार्दिक शुभकामनाएँ!

हमारी मातृभाषा हिंदी न केवल हमारी सांस्कृतिक धरोहर है, बल्कि हमारी पहचान का भी महत्वपूर्ण हिस्सा है। आइए हम सभी इस दिन संकल्प लें कि हम हिंदी का अधिक से अधिक प्रयोग करेंगे और इसकी समृद्धि और महत्ता को आने वाली पीढ़ियों तक पहुँचाएँगे।

इस भाषा ने हमें एकता और सद्भावना के सूत्र में बाँध रखा है। हिंदी का सम्मान और इसका विस्तार हमारे कर्तव्य हैं।

Workshop with Mothers

In collaboration with Mahaveer International and Container Corporation of India Ltd (Concor), NIPUN organized a workshop for expecting and lactating mothers on 13th September 2024 at NIPUN-Swagat Kendra, South West District.

Ms. Anju Sharma and her team provided valuable information to the participants through discussions and video presentations.

They emphasized the importance of eating more during pregnancy, consuming whole grains, sprouted grams, and fermented foods, taking adequate amounts of milk, meat, or eggs, eating plenty of vegetables and fruits, avoiding superstitions and food taboos, and regularly taking iron, folate, and calcium supplements after 14-16 weeks of pregnancy and continuing through lactation. Goody bags containing baby kits, sanitary napkins, kala chana, groundnuts, and sattu packets were distributed to all 32 participants.



Ganesh Utsav Celebrations

On the auspicious occasion of Ganesh Utsav, the young learners at our Bridge Course Education Center enthusiastically created vibrant sketches of Lord Shree Ganesha.

HIGHLIGHTS

Balanced Nutrition Along with Education

One of NIPUN's primary objectives is to ensure that every child not only receives quality education but also the right amount of nutrition through a balanced diet, made possible by its Nutrition Supplement program. Both education and health are vital for the holistic development of a child. However, it has been observed that many children from families of daily wage earners, construction workers, and those living in slums or at construction sites suffer from malnutrition due to a lack of proper care and adequate food. Many of these children come to school without having breakfast.

To combat this, NIPUN provides daily supplementary nutrition to address malnutrition and raises awareness among parents and communities in slum areas and construction sites about healthy childcare practices and affordable nutritious meals for their children. Special diets such as eggs, bananas, and cereal mixtures are given daily to malnourished children.

Through this program, hundreds of non-formal learners, particularly girls aged from birth to 14 years in the Delhi/NCR region, are benefiting. Most of these children are enrolled in NIPUN's Creches, Balwadi, Non-Formal, and Remedial Education centres



HIGHLIGHTS

Poshan Par Charcha

NIPUN's Siksha Saheli, South East project, organized a discussion on the nutritional needs of children, adolescent girls, women, senior citizens, and issues related to malnutrition. During the session, supplementary nutrition materials were demonstrated, and their importance was explained to all the attendees. Before concluding the program, the resource person addressed and answered all the participants' questions.

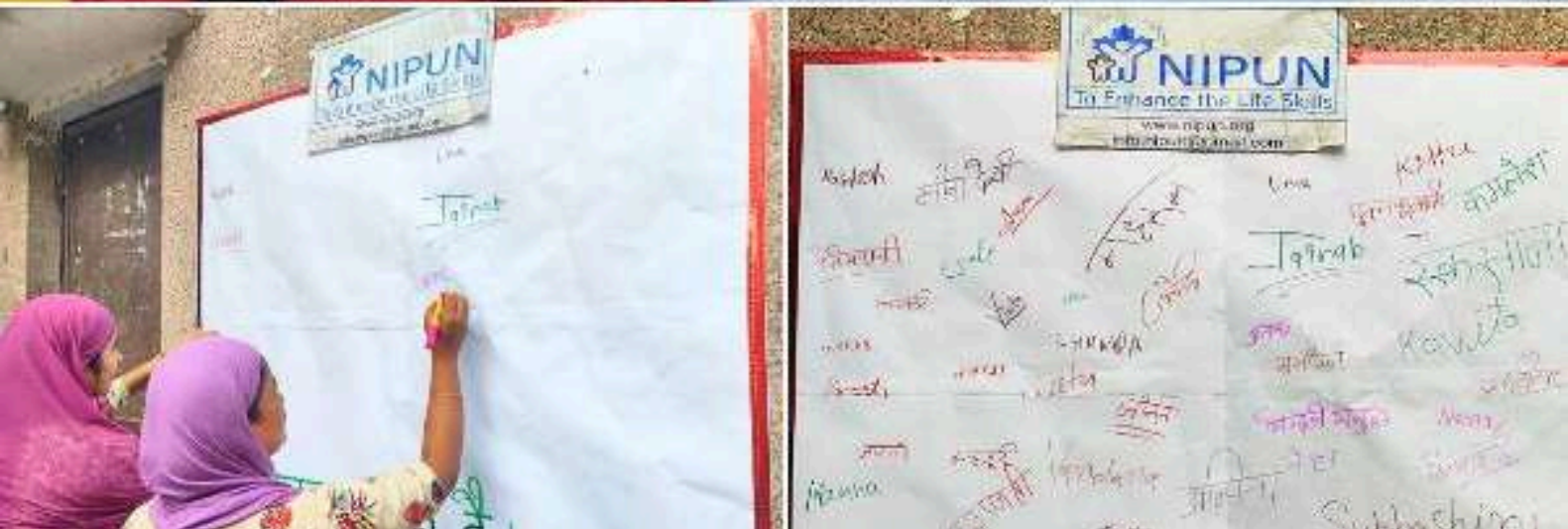


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HIGHLIGHTS

Ab Ham Sakshar Hain – Now We Are Literate

The primary objective of NIPUN is to empower communities, especially first-generation learners and women from socially and economically disadvantaged backgrounds. NIPUN regularly organizes legal, financial, health literacy, and adult education programs for daily wage earners, laborers, and construction workers across Delhi NCR. On International Literacy Day 2024, NIPUN provided educational opportunities to adults who missed formal schooling and now seek to learn. These options include literacy, basic education, skill development (vocational training), and continuing education. As part of this initiative, NIPUN launched the campaign “Ab Ham Sakshar Hai – Now We Are Literate.” According to Ms. Zareena Khatoon, “I can now read newspapers, write, and calculate our income and expenses.” The empowered women proudly displayed their signatures on a community wall.



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HIGHLIGHTS

Happy Daughter's Day from NIPUN!

Daughters are a true gift, filling our lives with joy and love. Their laughter brightens every room, and their kindness reminds us of the goodness in the world. Daughters inspire us with their strength and resilience, enriching our lives in countless ways.

This Daughter's Day, let's celebrate the amazing daughters who bring so much love into our lives! On behalf of all the daughters in our Empowering Girl Child project, NIPUN wishes everyone a Happy Daughter's Day!



Saksharta Utsav – Promoting literacy and empowering communities

On September 19, 2024, NIPUN proudly organised Sakshar Utsav, a vibrant celebration dedicated to promoting literacy and empowering communities through knowledge and education. This special event highlighted the transformative power of literacy in enhancing lives. Throughout the year, NIPUN have organized various activities focused on essential topics, including financial literacy, legal literacy, nutritious diets, numeracy skills, economic empowerment, domestic violence awareness, and HIV/AIDS education.

The celebration featured a lively cultural program performed by our talented children, showcasing their creativity and skills. Students from the Social Work Faculty at Delhi School of Social Work and Jamia Millia Islamia University shared their experiences, enriching our discussions. NIPUN also displayed various Teaching Learning Materials used in our adult literacy and education programs, emphasizing our commitment to effective learning. Together, we engaged in meaningful discussions and shared knowledge that can lead to positive change.



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HIGHLIGHTS



Plantation drive on Raksha Bandhan

NIPUN - Day Care Center, Greater Noida, conducted a plantation drive to help bridge course children bond with nature.

On the premises of the Day Care Center, children enthusiastically planted neem, mango, and mithi neem trees, while chanting slogans such as: *"Ped Lagao, Hariyali Lao, Vatavaran ko Shudh Banao."*

The plantation drive was organized on Raksha Bandhan to highlight the importance of saving trees and saving lives.



Poshan Abhiyan 2024

NIPUN is a member of the Neevn Delhi Forces.

In collaboration with Neevn Delhi Forces, our organization conducted an exhibition cum discussion during Poshan Maah, focusing on the nutritional needs of children, adolescent girls, women, and senior citizens, as well as addressing malnutrition issues among women in Kapashera, South West District.

During the session, supplementary nutrition materials, millets, and grains were demonstrated, and their importance was explained to all attendees.



GRATITUDE



Words of Appreciation for NIPUN's work

NIPUN was invited to participate in a discussion and experience-sharing session to highlight the success and impact of our Targeted Intervention project, which focuses on High-Risk Groups, particularly the Transgender Community.

During the event, Mr. Pradeep Kumar, Founder Secretary of NIPUN, was commended by Dr. John Kini Williams, Regional Associate Director for Asia & Europe, US-CDS, for the outstanding achievements of the initiative.





Empowering Underprivileged Women Through NIPUN's Beauty & Wellness Initiative

NIPUN's intervention in the beauty and wellness sector has become a beacon of hope for the underprivileged community, empowering women to transform their lives. Through its Beauty & Wellness Unit at the UMANG-NIPUN Vocational Centre, more than 1400 underprivileged women and adolescents have been trained over the past 8 years. This training has opened doors to new opportunities, with over 65% of participants securing jobs or starting their own ventures. Success stories like Prabha, who launched her own beauty salon and now contributes to her family's livelihood, and Jyoti, who works at a reputed salon and earns a substantial income, demonstrate the positive impact of NIPUN's programs.

These interventions have not only provided skills but also instilled confidence, enabling women to pursue economic independence and shape a brighter future for themselves and their families.



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SNAPSHOT OF THE CELEBRATIONS



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NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

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